

Possible Baclofen Side Effects

Mental Confusion

[Baclofen](#) relaxes muscles through the central nervous system, so it can induce other temporary, non-serious and common side effects. When first using baclofen, it may cause some mental confusion. This can occur as a disorientation effect, making it difficult to remember where you were going and what you were doing. It may be difficult to remember names or follow a conversation. This confusion typically ends as you get used to taking baclofen. Notify your physician if the problem seems severe or if it does not stop on its own.

Pain

Using Baclofen to relax the muscles also can produce other common and non-serious side effects during the start of treatment. It can, for example, cause pain in the back. Pain also may present as headaches while you become accustomed to its use. Baclofen's pain side effects generally stop without assistance--just the passage of time and your awareness.

Weakness

As discussed above, Baclofen can induce a general feeling of weakness throughout the body. Weakness can manifest by presenting bodily sensations similar to strenuous exercise, heavy physical labor or a generalized fatigue. This side effect, although common, should disappear when dosage is adjusted downward and maintained at a lower level for a period of time. Weakness will be particularly felt in your muscles, causing the sensation of "rubber legs" or "rubber arms", as it is frequently called.

Upset Stomach

As a routine common side effect of Baclofen, you may experience a feeling of queasiness in the stomach, primarily when it first begins to work. This mild nausea typically does not need help from your physician unless it persists, feels severe or interrupts your ingestion of food, either orally or via a gastronomy tube (PEG).